

# Rock Wall at Birkenhead Pool and Leisure Centre

Indoor rock climbing is exhilarating, challenging, healthy and fun!

All ages, levels and abilities are welcome. Our awesome instructors will make sure you know what to do and that you're completely comfortable before you set off on the walls.

You can hire climbing equipment, and free instruction is provided for beginners.

## Training wall (5m)

The 5m vertical top rope is where we teach how to climb and belay.

## Top rope wall (10m)

The top rope wall is where the majority of our climbing is done. We have 23 lines with over 60 climbs.

## Bouldering

Climbers are able to 'free' climb — no harness or safety rope required — to a height of 3m on the top rope and lead wall.

## Lead wall (12m)

Our lead wall is for advanced climbers. All climbers must have their skill level assessed by our staff to obtain a lead licence (free of charge) to lead climb.

# School holiday programmes

Make sure your child/ren has a fun, safe and exciting holiday break by enrolling them in our holiday programme. Our programmes are inexpensive and heaps of fun! Activities include swimming, sports, rock climbing, day trips, and arts'n'crafts.

We are MSD approved and registered, and families may be eligible for a full or partial WINZ Family Support Subsidy. Contact Work and Income on 0800 559 009 to find out if you're eligible.

# Our pool and leisure centres

## Central

- Tepid Baths, Auckland | 09 379 4745

## North/West

- ActivZone Indoor Sports Arena, Glenfield 09 444 6340
- Birkenhead Pool and Leisure Centre 09 484 7296
- Glenfield Pool and Leisure Centre 09 484 8123
- Takapuna Pool and Leisure Centre 09 890 8465
- East Coast Bays Leisure Centre, Browns Bay 09 478 3379
- Stanmore Bay Pool and Leisure Centre 09 424 9227
- West Wave Pool and Leisure Centre, Henderson | 09 301 0101

## South/East

- Allan Brewster Leisure Centre, Papatoetoe 09 262 5965
- Howick Leisure Centre | 09 261 8436
- Manurewa Leisure Centre | 09 261 8302
- Pakuranga Leisure Centre | 09 261 8391
- Te Matariki Clendon Community Centre 09 261 8080
- Ōtara Pool and Leisure Centre | 09 274 6917
- Moana-Nui-ā-Kiwa Pool and Leisure Centre 09 261 8040
- Manurewa Pool and Leisure Centre 09 269 0930
- Lloyd Elsmore Park Pool and Leisure Centre, Pakuranga | 09 535 5502
- Papatoetoe Centennial Pool and Leisure Centre | 09 278 4167
- Marina Fitness, Half Moon Bay | 09 534 3590



AUCKLAND COUNCIL POOLS AND LEISURE

# Recreation Term 1 programmes 2025

Birkenhead Pool and Leisure Centre



# Term 1 programmes

3 February to  
28 April 2025

Our programmes are run with fully qualified first aid trained staff.



## Programmes available - catered to your needs

Talk to our staff about developing a specialised programme just for your group or school. For all ages from pre-school, child/youth to adult. Prices on application.

Call our team on 09 484 7290 or email [eotc@aucklandcouncil.govt.nz](mailto:eotc@aucklandcouncil.govt.nz)



Activity	Description	Day	Time	Age	Cost
Adult indoor lead course	If you are 16yrs+ and have been top roping for a while and think it might be a good time to learn to lead climb, look no further than our adult lead climbing course. Our course is run as a 4-week block course, where we will set you up with all the skills and know-how to get you started on your lead climbing journey. Harness, shoe and rope hire included.	Monday 3 Feb – 24 Feb	7:00pm – 8:30pm	16yrs +	\$86 per person  +entry fee or membership.
		Monday 10 Mar – 31 Mar			
		Monday 7 Apr – 28 April			
Social climbing	Does your child love to climb? Our Social Climbing program is the perfect after-school activity! Designed for fun and skill-building, this program helps kids develop essential climbing techniques, build strength and confidence, and connect with friends who share their passion. Led by verified Birkenhead climbing coaches, it's a safe, supportive, and exciting environment for young climbers.	Tuesday	4:00pm – 5:30pm	8yrs-16yrs	\$150 per term
		Wednesday			
Youth development	Are you an 8-18-year-old climber eager to advance your skills across various climbing disciplines? Our Youth Development program provides a comprehensive curriculum designed to enhance your technique and grow your abilities. Whether you're building foundational skills or aiming to master lead climbing, this program offers the structured training and support you need to excel.	Monday	4:00pm – 5:30pm	8yrs-18yrs	\$150 per term
		Tuesday	5:30pm – 7:00pm		
Squad climbing	For experienced climbers aged 10-18, Squad Climbing hones competitive skills and the mindset needed for tackling challenging projects. With a strong emphasis on goal-setting, focus, and dedication, this program is designed to help you achieve your climbing ambitions and push your limits.	Monday	5:30pm – 7:00pm	10yrs-18yrs	\$150 per term

