

# Fitness at Howick Leisure Centre

The gym at Howick Leisure Centre welcomes you with a friendly community atmosphere. We make getting fit and staying fit as easy as possible. Whatever your goal is we're here to help, and with our Kauri Kids Childcare and after school recreation term programmes onsite, we can assist you to get active whilst your child/ren are being cared for.

With our inexpensive membership options, you'll be able to get in shape and have fun doing it. We also have a range of group fitness classes to choose from to get the most out of your membership. Get into the energy and excitement that comes from group exercise! The group fitness classes on offer range in style and intensity, so there's something for everyone.

## Venue hire

Looking for an affordable space for your next function? Look no further! We have several rooms available at our centres. Call us for more information.

## School holiday programmes

Make sure your child/ren has a fun, safe and exciting holiday break by enrolling them in our holiday programme. Our programmes are inexpensive and heaps of fun! Activities include sports, day trips, outdoor pursuits and arts'n'crafts.

We are MSD approved and registered, and families may be eligible for a full or partial WINZ Family Support Subsidy. Contact Work and Income on 0800 559 009 to find out if you're eligible.



# Our pool and leisure centres

## Central

- Tepid Baths, Auckland | 09 379 4745

## North/West

- ActivZone Indoor Sports Arena, Glenfield 09 444 6340
- Birkenhead Pool and Leisure Centre 09 484 7296
- Glenfield Pool and Leisure Centre 09 484 8123
- Takapuna Pool and Leisure Centre 09 890 8465
- East Coast Bays Leisure Centre, Browns Bay 09 478 3379
- Stanmore Bay Pool and Leisure Centre 09 424 9227
- West Wave Pool and Leisure Centre, Henderson | 09 301 0101

## South/East

- Allan Brewster Leisure Centre, Papatoetoe 09 262 5965
- Howick Leisure Centre | 09 261 8436
- Manurewa Leisure Centre | 09 261 8302
- Pakuranga Leisure Centre | 09 261 8391
- Te Matariki Clendon Community Centre 09 261 8080
- Ōtara Pool and Leisure Centre | 09 274 6917
- Moana-Nui-ā-Kiwa Pool and Leisure Centre 09 261 8040
- Manurewa Pool and Leisure Centre 09 269 0930
- Lloyd Elsmore Park Pool and Leisure Centre, Pakuranga | 09 535 5502
- Papatoetoe Centennial Pool and Leisure Centre | 09 278 4167
- Marina Fitness, Half Moon Bay | 09 534 3590

[aucklandleisure.co.nz](http://aucklandleisure.co.nz)



AUCKLAND COUNCIL **POOLS AND LEISURE**

# Recreation term programmes

Howick Leisure Centre

Pakuranga Leisure Centre



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# Howick Leisure Centre term programmes

\*All casual programmes are subject to availability.



Activity	Description	Day	Time	Age	Cost
Gym fun	Bring your pre-schooler along for some free-play fun in our stadium with gymnastics gear, soft play equipment and more. <b>Parental involvement required.</b>	Friday	9.30am-10.30am	2yrs + under 2's	\$5.20 per session \$3.10 per session (term time only) \$64.00 per term
Baby gym	Using music, colours, textures and spatial exploration, our introductory gymnastics programme is perfect for your little one. <b>Parental involvement required.</b>	Thurs	11.25am-11.55am	12-18 months	
Toddler gym	Gymnastics improves balance, co-ordination and confidence. Enhance your toddler's physical and social development. <b>Parental involvement required.</b>	Wed Thurs Sat	10am-10.40am 10.35am-11.15am 8.45am-9.25am	1-2yrs	\$64.00 per term
Tumble tots gym	Further enhance your toddler's physical and social development with our next age level gymnastics. <b>Parental involvement required.</b>	Wed Thurs Sat	10.50am-11.30am 9.45am-10.25am 9.35am-10.15am	2-3yrs	\$64.00 per term
Pre-school gym sports	From motor skills to sports skills, an introduction to gymnastics and sports - developing kicking, throwing, and catching. <b>Parental involvement required.</b>	Sat	11am-11.45am	3-5yrs	\$64.00 per term
Get Set Go	Aimed at providing young children with the fundamental movement skills to participate in sports. <b>Parental involvement required.</b>	Wed	3.45pm-4.25pm	3-5yrs	\$64.00 per term
Junior Kiwee sports	An introduction to sport-specific skills, focus is on a different sport each week. <b>Parental involvement required.</b>	Mon	4.30pm-5.15pm	4-7yrs	\$64.00 per term
After school gymnastics	Learn in small groups graded to ability with your own coach. Rotations that include different apparatus to learn and practice different skills. <i>*Level 1 &amp; 2 **Level 3+</i>	Tues Tues Wed Wed	3.45pm-4.45pm* 4.45pm-5.45pm 3.45pm-4.45pm 4.45pm-5.45pm**	4-7yrs 5-12yrs 4-12yrs 5-12yrs	\$70.40 per term
After school Kiwee sports	Each term your child will develop skills and game awareness, focus is on a different sport each fortnight.	Mon	3.30pm-4.30pm	5-8yrs	\$70.40 per term
Eastern Dragons Snrs Basketball	For the older players - work on the fundamentals of playing basketball and sharpen your skills with small games.	Mon	5.30pm-6.30pm	11-14yrs	\$70.40 per term
Eastern Dragons Jnrs Basketball	Learn the basic and fundamental skills of basketball. Weekly focus on a different element of the game working in small groups with a dedicated coach.	Thurs Fri Fri Fri	3.30pm-4.30pm 3.45pm-4.45pm 4.45pm-5.45pm 5.45pm-6.45pm	5-11yrs 5-8yrs 8-11yrs 11-14yrs	\$70.40 per term
Social adult basketball	Get your friends, family or workmates together to join our league. Build team spirit and get fit!	Mon	Games start from 6.45pm	15yrs +	TBC
*Casual basketball	Drop by for a casual game, or practice your free throws, layups and slam dunks! All levels, all welcome (excludes every third Sunday of the month).	Sat Sun	4.20pm-5.50pm 11am- 1pm	All ages	\$7.30 per person \$65.70 10-pass
*Casual volleyball	Drop by for a casual game of volleyball. All levels, all welcome (excludes every third Sunday of the month).	Sun	8.30am-10.30am	15yrs +	\$7.30 per person \$65.70 10-pass
*Casual table tennis	Drop by for a casual game of table tennis. All levels, all welcome.	Mon-Sun	Call to check	All ages	\$21.00 per hour \$189.00 10-pass
*Casual badminton	Enjoy a fun and social game with a little bit of competitive spirit! All levels, all welcome.	Sat Sun	12.30pm-3.50pm 1.30pm-4.50pm	All ages	\$21.00 per hour \$189.00 10-pass
*Senior sports	Join us for a game of badminton or table tennis. (Also available at Pakuranga Leisure Centre) term time only.	Mon	12.30pm-2.30pm (term time only)	40yrs +	\$5.20 per person \$46.80 10-pass

# Pakuranga casual term programmes



Activity	Description			
*Senior sports	Join us for a game of badminton, short tennis and table tennis. (Also available at Howick Leisure Centre). Term time only.			
	Day	Time	Age	Cost
	Fri	12.30pm-2.30pm	40yrs +	\$5.20 per person \$46.80 10-pass
*Casual table tennis	Drop by for a casual game of table tennis. All levels, all welcome.			
	Day	Time	Age	Cost
	Mon-Sun	Call to check	All ages	\$21.00 per hour
Pakuranga Panthers	Learn the basic and fundamental skills of basketball. Weekly focus on a different element of the game working in small groups with a dedicated coach.			
	Day	Time	Age	Cost
	Wed	3.45pm-4.45pm	8-10yrs	\$70.40 per term

All term programmes are less than \$75 for an 8-week term!\*\* Spaces are limited, book now!



\*\*Prices are based on an 8-week term and can vary. Terms are subject to change due to public holidays or community events