

Fitness at Howick Leisure Centre

The gym at Howick Leisure Centre welcomes you with a friendly community atmosphere. We make getting fit and staying fit as easy as possible. Whatever your goal is we're here to help, and with our Kauri Kids Childcare and after school recreation term programmes onsite, we can assist you to get active whilst your child/ren are being cared for.

With our inexpensive membership options, you'll be able to get in shape and have fun doing it. We also have a range of group fitness classes to choose from to get the most out of your membership. Get into the energy and excitement that comes from group exercise! The group fitness classes on offer range in style and intensity, so there's something for everyone.

Venue hire

Looking for an affordable space for your next function? Look no further! We have several rooms available at our centres. Call us for more information.

School holiday programmes

Make sure your child/ren has a fun, safe and exciting holiday break by enrolling them in our holiday programme. Our programmes are inexpensive and heaps of fun! Activities include sports, day trips, outdoor pursuits and arts'n'crafts.

We are MSD approved and registered, and families may be eligible for a full or partial WINZ Family Support Subsidy. Contact Work and Income on 0800 559 009 to find out if you're eligible.

Our pool and leisure centres

Central

- Tepid Baths, Auckland | 09 379 4745

North/West

- ActivZone Indoor Sports Arena, Glenfield
09 444 6340
- Birkenhead Pool and Leisure Centre
09 484 7296
- Glenfield Pool and Leisure Centre
09 484 8123
- Takapuna Pool and Leisure Centre
09 890 8465
- East Coast Bays Leisure Centre, Browns Bay
09 478 3379
- Stanmore Bay Pool and Leisure Centre
09 424 9227
- West Wave Pool and Leisure Centre, Henderson | 09 892 4900

South/East

- Allan Brewster Leisure Centre, Papatoetoe
09 262 5965
- Howick Leisure Centre | 09 261 8436
- Manurewa Leisure Centre | 09 261 8302
- Pakuranga Leisure Centre | 09 261 8391
- Te Matariki Clendon Community Centre
09 261 8080
- Ōtara Pool and Leisure Centre | 09 274 6917
- Moana-Nui-ā-Kiwa Pool and Leisure Centre
09 261 8040
- Manurewa Pool and Leisure Centre
09 269 0930
- Lloyd Elsmore Park Pool and Leisure Centre, Pakuranga | 09 535 5502
- Papatoetoe Centennial Pool and Leisure Centre | 09 278 4167
- Marina Fitness, Half Moon Bay | 09 534 3590

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AUCKLAND COUNCIL **POOLS AND LEISURE**

Recreation term programmes

Howick Leisure Centre

Pakuranga Leisure Centre

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Howick Leisure Centre term programmes

*All casual programmes are subject to availability.

Activity	Description	Day	Time	Age	Cost
Gym fun	Bring your pre-schooler along for some free-play fun in our stadium with gymnastics gear, soft play equipment and more. Parental involvement required.	Friday	9.30am-10.30am	U/5 Drop in	\$5.50 per session
Baby gym	Using music, colours, textures and spatial exploration, our introductory gymnastics programme is perfect for your little one. Parental involvement required.	Thurs	11.25am-11.55am	12-18 months	\$68.00 per term
Pre-school Gymnastics	Our fun and dynamic classes are designed for curious kids to build confidence, coordination and love for active play! All programmes are based on the fundamental movement patterns including swing, spring landings, statistic, rotation and manipulative skills. These classes require children to have parental involvement. Parental involvement required.	Wed	10am-10.40am 10.50am-11.30am	1-2yrs 2-3yrs	\$68.00 per term
		Thurs	9.45am-10.25am 10.35am-11.15am	2-3yrs 1-2yrs	
		Sat	8.45am-9.25am 9.30am-10.10am 11.00am-11.45am	1-2yrs 2-3yrs 3-5yrs	
Active Sports Homeschool	Focusing on a different sports each fortnight. Active Sports helps develop a range of sport specific skills And game awareness with an emphasis on fun! Homeschool student only	Tues	9.30am-10.30am 10.30am-11.30am	5-8yrs 9+yrs	\$68.00 per term
Get Set Go	Aimed at providing young children with the fundamental movement skills to participate in sports. Parental involvement required.	Wed	3.45pm-4.25pm	3-5yrs	\$68.00 per term
Active Sports Pre- school	An introduction to sport-specific skills, focus is on a different sport each week. Parental involvement required.	Mon	4.30pm-5.15pm	3-6yrs	\$59.50 per term
After school gymnastics	Learn in small groups graded to ability with your own coach. Rotations that include different apparatus to learn and practice different skills. *Level 1 & 2 **Level 3+	Tues	3.45pm-4.45pm*	4-7yrs	\$74.40 per term
		Tues	4.45pm-5.45pm	5-12yrs	
		Wed	3.45pm-4.45pm	5-12yrs	
		Wed	4.45pm-5.45pm**	5-12yrs	
Active Sports After School	Focusing on a different sports fortnight. Active Sports helps develop arrange of sports specific skills and game awareness with an emphasis on fun!	Mon	3.30pm-4.30am	5-8 yrs	\$65.10 per term
After school gymnastics	Learn in a small groups graded to ability with your own coach. Rotation that include different apparatus to learn and practice different skills. *Level 1&2 ***Level 3+	Tues	3.45pm-4.45pm*	4-7 yrs	\$74.40 per term
		Tues	4.45pm-5.45pm	5-12 yrs	
		Wed	3.45pm-4.45pm	5-12yrs	
		Wed	4.45pm-5.45pm**	5-12 yrs	
Basketball Skills Training	Learn the fundamental skills of basketball with a weekly focus on a different element of the game. Come and improve your basic and advanced basketball skills in a fun and safe environment.	Mon	5.30pm-6.30pm	11-14yrs	\$65.10. per term
		Thurs	3.30-4.30pm	5-11 yrs	\$74.40 per term
		Fri	3.45-4.45pm	5-8 yrs	
		Fri	4.45pm-5.45pm 5.45-6.45pm	8-11 yrs 11-14 yrs	
Adult Basketball League	Get your friends, family or workmates together to join our league. Build team spirit and get fit!	Mon	Games start from 6.45pm	15yrs +	TBC
*Casual table tennis	Drop by for a casual game of table tennis. All levels, all welcome.	Mon-Sun	Call to check	All ages	\$22.20 per hour \$199.80-pass
*Senior sports	Join us for a game of badminton or table tennis. (Also available at Pakuranga Leisure Centre) term time only.	Mon	12.30pm-2.30pm (term time only)	40yrs +	\$6.00 per person \$54.00 10-pass

Pakuranga casual term programmes

Activity	Description			
*Senior sports	Join us for a game of badminton, short tennis and table tennis. (Also available at Howick Leisure Centre). Term time only.			
	Day	Time	Age	Cost
	Fri	12.30pm -2.30pm	40yrs +	\$6.00 per person \$54.00 10-pass
*Casual table tennis	Drop by for a casual game of table tennis. All levels, all welcome.			
	Day	Time	Age	Cost
	Mon-Sun	Call to check	All ages	\$22.20 per hour

All term programmes are less than \$75 for an 8-week term!** Spaces are limited, book now!



**Terms are subject to change due to public holidays or community events