

Hydrotherapy Pool

Timetable

Valid from 3rd May

SESSIONS	Hydro Function	Hydro Active	Public Availability	Physio Availability
MONDAY	9:30am – 10:15am 12pm – 12:45pm 1pm – 1:45pm	-	5:30am - 8am 11:30am – 12:00pm 1:45pm - 4pm 5pm - 9:15pm	8am - 9am 4pm - 5pm
TUESDAY	1:30pm – 2:15pm 2:15pm-3pm	10:30am – 11:15am	5:30am - 9am 10am - 10:30am 4pm - 9:15pm	9am - 10am 3pm - 4pm
WEDNESDAY	9:30am – 10:15am 10:30am – 11:15am 6pm – 6:45pm	-	5:30am - 7am 8am - 9:30am 12:30pm- 1:30pm 2:30pm- 5pm 7pm – 9:15pm	7am - 8am 5pm - 6pm
THURSDAY	11:30am-12:15pm 12:30pm-1:15pm 1:15pm – 2pm	10:30am – 11:15am	5:30am - 8am 9am - 10:30am 4pm- 9:15pm	8am - 9am 3pm – 4pm
FRIDAY	9:30am – 10:15am	12pm – 12:45pm 1pm – 1:45pm	5:30am - 7am 8am - 9:30am 11:30am- 12:00pm 1:45pm - 4pm 5pm - 9:15pm	7am - 8am 4pm - 5pm
WEEKEND	-	-	7am - 8:30am 1:30pm – 6:45pm	-

**Public availability times subject to change*

Pool Hours

Monday to Friday 5:30am – 9:15pm
Weekends 7am – 6:45pm
Public Holidays 7am – 6:45pm

