AUCKLAND ANNIVERSARY TIMETABLE

GLENFIELD POOL AND LEISURE CENTRE

MONDAY 1 FEB 7AM - 7PM

STUDIO 1
8.00AM BODYATTACK
9.00AM BODYPUMP
4.00PM BODYPUMP
5.00PM BODYCOMBAT

STUDIO 2
9.15AM YOGA

CYCLE STUDIO
8.00AM SPRINT
9.15AM RPM
5.30PM SPRINT

BOXING STUDIO
5.30PM BOXING

DIVE WELL
9.30AM AQUA DEEP

AUCKLAND COUNCIL POOLS & LEISURE